

# DISTRICT DISPATCH

DISTRICT 2 | AREA 15 | SOUTH FLORIDA | JULY 2026

## SERVICE SPOTLIGHT – MAN ON THE BED

**"Man on the Bed"** is a program under the institutions committee umbrella, which includes Treatment Facilities, Correctional Facilities, Bridge the Gap, and Man on the Bed. These are all part of Tampa Bay Area Institutions Committee, which meets Monthly, every 2nd Saturday, at 9:30 am, via Zoom. The website is [www.tbaic.org](http://www.tbaic.org).

The focus of Man on the Bed is on patients hospitalized for a variety of reasons. Generally they are not admitted for detox or treatment. Typically they have health problems or injuries caused or exacerbated by their alcohol use. Some are in intensive care. Each patient has a case manager who is a social worker who connects them with resources they may need. AA is one of the resources offered.

This is old-time 12th step work: We share our personal experience to show what alcoholism looked like in our lives (the allergy, progression, and "strange mental twist"). We let them know that that AA helped us to recover, and we give them information on how to connect with AA (Meeting guide, app, Central Office, our phone number).

Thanks to contributions to TBAIC we have AA literature available to share with the patients as appropriate, including Big Books, meeting schedules, pamphlets, and Grapevine Magazines.

We have offered Man on the Bed at Tampa General Hospital for several years. We offered the program to Advent Health and St. Josephs Hospital in Riverview. Advent allowed us to make a presentation about AA for staff but only Tampa General is referring patients to us.

*(Continued on next page)*

## D2 OPEN POSITIONS

### District Officer

Treasurer

### Committee Chairs:

Accessibilities

Finance

PI/CPC

### District Panel/Liaison

New GSR Orientation

Room&Ride Coordinator

### District Committee Members (DCM):

Sub-District C: (Dover, Plant City)

Sub-District D: (Land-O-Lakes/Lutz/Odessa)

Sub-District F: (South Central Tampa)

Sub-District G (Carrollwood, Citrus Park, Northdale)

Sub-District H: (Apollo Beach, Ruskin, Sun City)

Sub-District K: (Hyde Park, Downtown)

Sub-District M: (Seminole Heights)

Sub-District T: (New Tampa/USF)

Sub-District U: (Drew Park/NW Tampa)

**Alternate DCMs** – All sub-districts.

*(MAN ON THE BED continued...)*

Like all twelfth step work, we have some amazing encounters. We may not always help the patient, but our own sobriety is always richer for the experience.

Sometimes patients connect when they get out of hospital. Once a MOTB volunteer called the patient after he was home from hospital and picked him up and started taking him to meetings. The patient had been in ICU at their visit and was foggy on the details, but he referred to the AA volunteer as his own 'Clarence'-the lovable angel in the movie "It's a Wonderful Life". This AA member just showed up seemingly out of the blue, started taking him to AA meetings, and saved his life. His brother had been in AA for many years in another city, and now the patient understood how AA works.

*Thanks goes to Mindy W, coordinator, for her service and the MOTB overview. New volunteers are always needed. Mindy W has been the Man on the Bed Coordinator since 2024 and will be rotating out this year (hint, hint). Please attend the monthly TBAIC meeting to get involved! [www.tbaic.org](http://www.tbaic.org)*



## CONCEPT 7 SHORT FORM

**CONCEPT 7 - The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.**

The principle behind this concept is Balance. "The Conference will always bear in mind the actual rights, duties, responsibilities, and legal status of the General Service Board, and if the Trustees in their deliberations will constantly realize that the Conference is the real seat of ultimate service authority, we may be sure that neither will be seriously tempted to make a rubber stamp out of the other. We may expect that in this way grave issues will always be resolved and harmonious cooperation will be the general rule." <https://www.aagrapevine.org/magazine/1972/may/seventh-concept>

# SOBER EVENTS AND SERVICE



## SOUTH FLORIDA AREA 15 GENERAL SERVICE ASSEMBLY “An Attitude of GRATITUDE”

Hosted by District 2 Hillsborough/East Pasco County, Florida | July 10 -12, 2026  
Registration Friday 4:00 PM - 8:30 PM; Saturday 7:00 AM - 8:30 PM  
Sunday 7:00 AM - 9:00 AM

For those interested in District 2 GSR or DCM service, there will be a hybrid option for the Sunday, July 12, 9:00 a.m. Area 15 Business Meeting, which is provided representatives who cannot be there in person. Go to the Area 15 website to register and link to the meeting. <https://area15aa.org/hybrid/> to see what's happening. If you are also interested in any of the Officer, Standing Committee Chairpersons, or Appointed positions please contact Panel 75 Chair, Sophia C., at [district2tampachair@gmail.com](mailto:district2tampachair@gmail.com).

## BREAKFAST and AA MEETING

NOURISH YOUR BODY.  
FEED YOUR SOUL.

JOIN US FOR  
*Breakfast*  
BEFORE OUR  
AA MEETING

8:00 to  
9:45 A.M.  
BREAKFAST  
ONLY \$7



*Followed by our meeting:*

### ATTITUDE OF GRATITUDE

A.A. MEETING AT 10:30 A.M.

*Every Saturday & Sunday*

GOOD FOOD • GOOD COMPANY • A BETTER WAY

## 301 HOUSE

301 House  
8601 Bowles Rd.  
Tampa, FL 33637

WE'RE GLAD YOU'RE HERE. COME AS YOU ARE.

— Leave with hope. —

## 68<sup>th</sup> FLORIDA STATE CONVENTION



ORLANDO, FL ROSEN PLAZA

August 6<sup>th</sup>-9<sup>th</sup>, 2026

9700 International Drive Orlando, FL 32819

Scholarships  
Available!

### A NEW FREEDOM

SCAN HERE TO REGISTER

#### Fun Activities

- ✓ Indoor Go-Karts
- ✓ Games & Trivia
- ✓ World Class Golf
- ✓ Dance Parties
- ✓ Scenic 5K Run

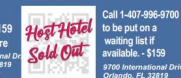
#### Experience Freedom

- ✓ Workshops
- ✓ Great Speakers
- ✓ Meet New Friends
- ✓ Marathon Meetings
- ✓ Panels

**Register Today While Rooms Are Available!!!**

Register Online at <https://68.FloridaStateConvention.com>

Scan the QR Code with your camera. For assistance please visit <https://68.FloridaStateConvention.com>





Meeting Guide is a free app supported by Seventh Tradition contributions

The app helps people quickly find A.A. meetings and resources using information provided by A.A. service entities. Available on both iOS and Android.



### Meeting Guide features:

- Listing of both in-person and online meetings
- A default view that provides a list of meetings showing time, location and meeting name
- A meeting detail view that offers extra information such as meeting format and any notes provided by the group
- A search function to find meetings by location or keyword
- A daily quote feature lets users read from "Daily Reflections"
- Multiple access points that make finding local A.A. contact information easy
- A news feature with the latest from the General Service Office and Grapevine

Labor Day weekend in Tampa means one thing for many in the recovery community: the **Tampa Bay Fall Roundup**. Whether you're brand new to Alcoholics Anonymous, a returning attendee, or a seasoned old-timer, this beloved AA convention offers something for everyone. Held at the **Sheraton Tampa- Brandon Hotel** from **September 04 to September 07, 2026**, TBFR is more than just a weekend—it's a celebration of recovery, fellowship, and fun.

The theme for 2026, "We Are His Agents", calls us to embrace our role in service, guided by faith and humility. It reminds us that we are instruments of a Higher Power, carrying the message through action, compassion, and connection. With a full slate of meetings, speaker panels, social events, and spiritual nourishment, TBFR continues to be a cornerstone of the AA calendar in Florida.



### SPEAKERS

Mickey K - Tampa, FL  
Nancy M - Seal Beach, CA  
Michelle B - Pinellas Park, FL  
Rona Y - Tacoma, WA  
Kat Mc - Inverness, FL  
Pat Y - Seal Beach, CA  
Phyllis Mc - Tulsa, OK  
Tracy S - Punta Gorda, FL

### 39th ANNUAL TAMPA BAY FALL ROUNDUP LABOR DAY WEEKEND "We Are His Agents"

Friday, Sept 4, 2026 - Monday, Sept. 7, 2026  
Register online at: [www.tampabayfallroundup.com](http://www.tampabayfallroundup.com)

**SHERATON TAMPA BRANDON HOTEL**  
10221 Princess Palm Ave. Tampa FL., 33610 813-623-6363  
Standard Double or King \$169.00 (1- 4 guests)  
Jr. Suites \$189.00 (1- 4 guests)  
**RESERVE YOUR ROOM TBFR39**  
**SPECIAL ROOM RATE CUTOFF ON OR BEFORE 08/04/2026**



Featuring:  
AA Speakers  
12 Step Studies  
Guided Meditation  
Workshops  
Win it in a Minute  
DJ Dance  
Karaoke  
Hula Hoops  
Talent Show  
Tons of Fun!

### REGISTER AND BOOK YOUR ROOM NOW

YOU MUST BE REGISTERED TO ATTEND ALL MEETINGS (Monday excluded) AND EVENTS. NO EXCEPTIONS